



PROMOTING DIVERSITY EQUITY & INCLUSION

IN HONOR OF DR. MARTIN LUTHER KING, JR.

WHAT
MATTERS IS
NOT HOW LONG
YOU LIVE



BUT HOW
YOU
LIVE.

ART BY KEHINDE WILEY

CHECK OUT HIS WORK HERE:

[HTTPS://KEHINDEWILEY.COM/](https://kehindewiley.com/)

-MARTIN LUTHER KING, JR.

MLK DAY COMMUNITY EVENTS

GET INVOLVED!

"The holiday must be substantive as well as symbolic. It must be more than a day of celebration . . . Let this holiday be a day of reflection, a day of teaching nonviolent philosophy and strategy, a day of getting involved in nonviolent action for social and economic progress."

Coretta Scott King's writing in The Washington Post in 1983,
providing a vision of how the holiday honoring her husband should be observed

Unity in Service: MLK Day Cleanup

When: Jan. 20, 10 a.m.-12 p.m.

Where: Irving Park, Northeast 7th and Fremont, Portland

What's going on: Join SOLVE Oregon for a Martin Luther King Jr. Day cleanup at Irving Park on January 20, 2025. Volunteers will meet at 10 a.m. at the basketball court (707 NE Fremont St, Portland) to beautify the neighborhood and honor Dr. King's legacy through service. Gloves, vests, grabbers, and bags will be provided. Wear closed-toed shoes and bring a reusable water bottle. Advanced registration is encouraged, but not required.

For more information about the event, [click here](#).

Keep Alive the Dream: Beyond Resilience to Empowerment

When: Jan. 20, 11:30 a.m.-3 p.m.

Where: Hyatt Regency Portland, 375 Northeast Holladay Street, Portland

What's going on: The annual "Keep Alive the Dream" tribute to Rev. Dr. Martin Luther King Jr. will take place on Monday at the Hyatt Regency Portland. This year's theme, "Beyond Resilience to Empowerment," highlights the community's commitment to fostering arts and education opportunities for youth to help them achieve their dreams.

The event will feature inspiring speakers reflecting on Dr. King's legacy of justice, equality, and unity. Guests can also enjoy live performances celebrating the spirit of the Civil Rights Movement, as well as Lifetime Achievement Awards honoring individuals and organizations making a meaningful impact in the community. The Victory Village Marketplace will showcase local businesses, community organizations, and artists.

11th Annual Reclaim MLK March for Human Rights & Dignity

When: Jan. 20, 1-3 p.m.

Where: Peninsula Park, 700 North Rosa Parks Way, Portland

What's going on: Don't Shoot PDX will host its annual march on Martin Luther King Jr. Day, focusing on amplifying the voices of children in the fight for racial justice. The march, open to all, encourages participants to bundle up and bring signs as they come together to raise awareness and advocate for change. With ongoing issues such as police brutality, the event highlights the importance of collective action in striving for a more just future.

For more information about the event, [click here](#).

Youth Mentor Toolbox:

How to Celebrate and Honor Dr. King's Legacy in our Clubs

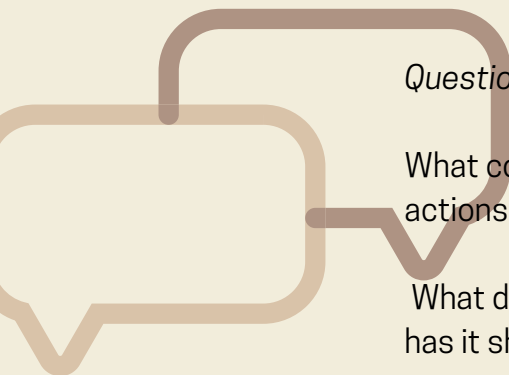


DO AN ACTIVITY

Make dreams a reality collage:

Listen to the “I Have a Dream” speech and encourage dialogue amongst youth about Dr. King’s legacy. Consider how his dreams can still improve our world today. Then, ask youth to think about their dreams for the future. Have them finish the sentence prompts, “I have a dream that” and “I can make my dream come true by”... Turn the dreams into a collage by having youth trace their hands on paper of different colors. Cut out the handprints, write their dreams down on the many-colored hands, and arrange them into a beautiful collage of dreams.

LEAD A DISCUSSION



Questions:

What comes to mind when you think about Dr. King? Which quotations, speeches or actions of his resonate with you most and why?

What does Dr. King’s legacy mean to you? How has his work influenced your life? How has it shaped the society you live in today?

How do you think Dr. King would feel if he could see the United States now? Why?

What do you think people can still learn from Dr. King? How can we use his teachings to help address problems our country currently faces?



CHECK OUT THIS RESOURCE

[Do's and Don'ts of Celebrating MLK Day](#)

BGCP Staff Board

January Birthdays

Sarah Ethridge
Renee Demke
Jenny Sagrero
Pamela Bechen
Roberto Bermejo
Rob Johnson
Sabrina Stearns
Annie Perkins
Dani Ridenour

Work Anniversaries

Low Kahana, 14 years
Annie Perkins, 1 year

New Hires

Pamela Bechen, Front Desk at Regence
Chiemezie Ezenwoye, Front Desk at Blazers

Job Openings

Youth Development Coordinator at Blazers