

African American Mental Health Practitioners

This information is subject to change, please be advised, I am not responsible for information on Licensures and or other information about this practitioners private practice. This is a reference for your own use. Multnomah County Crisis Line 503-988-4888 and Clark County 1-800-626-8137

Name	Contact Information	Treatment Specialization
Jonicia Shelton MSW, CSWA	<p>Office: 333 NE Russell Street Suite 211 Portland, Oregon 97212</p> <p>Office:2951 NW Division St. Suite 120 Gresham OR 97030 P: 971-865-3104 Counselor Through Guiding Light Web: www.talkswithjune.com talkswithjune@gmail.com</p>	<p>Adolescents 8-18years old and Adults with PTSD, Anxiety, Depression, Social Anxiety, ADHD, Transgender, Bipolar, Suicidal, Conflict Resolution, PTSD, LGBTQ, Greif and Loss Sexual, Divorce Reactive and so many more diagnosis No Insurances</p>
Alice Williams, LMFT, LPC	<p>12655 SW Center Street, Suite 470 Beaverton, OR 97005 P: 503.227.2150 F: 888.972.8764 alice.balancematters@gmail.com abalancematters.com</p>	<p>Individuals, adults & couples Anxiety, depression, on-going recovery, stage of life transitions, families of Alzheimer's and dementia patients, relationship issues, GLBT issues. Issues of race, ethnicity and culture</p>
Sarita E. Trawick, LCSW	<p>P: 503-688-3802 Gresham, OR 97030 Email: healingspaces4u@gmail.com Web: www.healingspaces4u.com</p>	<p>LGBTQ, ADHD, Anxiety, Trauma, Acculturation Issues, Adolescents, and Transition-Aged Young People</p>
Elisabeth Braswell, LPC, NCC	<p>Email: elisabethbraswell@ymail.com Email: belivingcounseling@gmail.com</p>	<p>Early Childhood (Child Parent Psychotherapy) & trauma informed services for ages 12-19.</p>
Andre Pruitt, MSW, LCSW	<p>P: 503-860-1213 Web: andrepruitt@rusticsage.org Email: pruittan@gmail.com</p>	<p>Depression and Anxiety, Grief and Loss, Work and Career issues, Stress Management, Men at mid-life and transitions, Conflict Resolution, Posttraumatic Stress Injury – PTSD, Managing Trauma Related Issues Through EMDR, Embracing a Healthy Cultural Identity, Queer Identity Development, Developing a Healthy LGBTQ12-S Identity, Older Adult Life Changes</p>

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Michelle Lewis CSWA	971-216-3829 Avel Gordly Center for Healing	Specialties: Depression, Trauma and PTSD, Self-esteem Anxiety, Codependency, Coping Skills, Cultural/Racial Trauma, Racial Identity. Grief, Parenting, Relationship issues, Mood disorders, Thinking disorders
Joy Young, LCSW	4839 NE MLK Jr. Blvd., Suite 209 Portland Oregon 97211 503-309-1163 Email: joy@mjoyyoung.com Web: www.mjoyyoung.com	Specialties: Individual adults and seniors. Mindfulness based treatment for trauma, ACOA, anxiety, depression, and mid-life issues. Insurances: Providence, Aenta, Cigna, MHN, Regence, Pacific source, Optum, United.
DeShawn Williams, LCSW	R.A.A.P. Counseling and Consulting 333 NE Russell Street Suite 211 Portland, Oregon 97212 (503) 616-2042	Anxiety, Depression, Trauma and PTSD ADHD, Anger Management, Behavioral Issues, Child or Adolescent, Chronic Impulsivity Coping Skills, Emotional Disturbance, Family Conflict, Grief, Life Coaching Oppositional Defiance, Parenting, Peer Relationships, Relationship Issues, Self Esteem, Self-Harming, Spirituality, Suicidal Ideation
Melvin Hawkins, LCSW	P: 503-484-8608 Email: healingspaces4u@gmail.com	Individual, Couples, Families working with African American males boys/men 12 to 40 Juvenile/Corrections, mandated clients, Behavioral issues, Trauma, Depression, Anxiety, identity issues, working from a Afro Centric, relational model, Clinical Framework:: Cognitive Behavior, Family Structure, Systems Theory
Brandon Hardaway, MSW, CSWA	P: 5034944745 Avel Gordly Center for Healing (OHSU)	Approach to counseling is client-centered, Afrocentric, unbiased, and diverse. I utilize techniques from motivational interviewing, cognitive behavioral therapy (CBT), and dialectical behavioral therapy (DBT).
Vanessa Washington, LPC	Sankofa Counseling 511 SW 10 th Ave Suite 1104 PDX 97205	Specialties: Trauma, PTSD, Anxiety, Life Transitions Age: Adolescents / Teenagers (14 to 19), Adults Insurance: Aetna, Beacon, BlueCross and BlueShield, Cascade Health, Cigna, First Choice Health, Health Net, Kaiser (Out-of-Network), MHNet Behavioral Health, Medicaid, Moda Health, OHIP, OHP Family Care, PacifiCare, Pacific Source, Providence Health Plan, Regence, Reliant, TRICARE, United Healthcare, United Healthcare ,Out of Network
Sharnissa Secrett LCSW	333 NE Russell St Suite 211 Portland OR 97212 Email: cementedrose@gmail.com P: 971-227-3553	Specializes: Adolescents 5-18 years old and adults. For specialties please refer to Portland Therapy OHP

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Keith Dempsey PHD, LPC	3311 NE MLK, Blvd Suite 104 Portland OR 9703 P:503-799-1298 Email: kdempsey@georgefox.edu Email: kdempseycounseling.com	Individual, Couples and Families
John Wolfe LCSW	Horizon Counseling 2306 NE Glisan St. Ste. 200 97232 Portland United States (503) 702-9259 (503) 954-3332 horizoncounselingservices@yahoo.com	Specializes: in Adolescents, Individual Men and Women, Couples and Families. Adolescents, Individuals, Couples, Unmarried Couples, Married couples, Gay and Lesbian Couples, Families , Divorced Families. Areas of focus: Relationship Issues, Depression, Anxiety, Life transitions, Loss and Grief, Cultural Issues. Insurance: Blue Cross Blue Shield of Oregon, Lifewise, Kaiser Permanente, United Behavioral Health, Pacific Source, Providence Behavioral Health, Aetna, Moda (formerly ODS)
Dr. Claudelle R. Glasgow, Psychiatrist.	Creating A Space To Be 4225 NE Tillamook St. Portland OR 97211 W: www.claudelleglasgow.com E: drcrglasgow@gmail.com	Specializes: Psychotherapy, Anxiety and Stress Management Ect.
Lilly Glass Akoto, LCSW	Looking In Looking Out 3800 NE Sandy Blvd #203, Portland, OR 97232 E: lilly@lilocounseling.com http://lilocounseling.com/ W: lilocounseling.com P: 503-442-0636	Specializes: Suicide, Relapse Prevention, Grief, Adoption Insurances: OHP, BlueCrossBlueShield, OPTUM, MHN, Aetna
Dr. Cynthia Fowler, MD Psychiatrist	4839 NE Martin Luther King Jr Blvd #204, Portland, OR 97211 P: 503.953.4491 W: www.CynthiaFowlerMD.com	Specializes: Interpersonal issues, Cultural and gender issues Work issues and stress, Depression, Adjustment disorders

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		<p>ADHD, School stress and problems, Relationship discord and stress, Conflict resolution, Loss and grief, Panic attacks and disorder, Psychosis and confusion, Bipolar Disorder</p> <p>Insurances: MHN, United Behavioral Health, Aetna, ODS, Regence Blue Cross, Providence Preferred, Others</p>
Cheryl Jefferson, LCSW	<p>Sheltered From The Storm, LLC P: (503) 577-5109 E: cheryl.jefferson@aol.com W. www.cheryljeffersoncounseling.com Vancouver, WA</p>	<p>Adults Specializes: Anxiety, Depression, Divorce, Sexual Abuse, Grief Ect.</p> <p>Insurance: Kaiser, Out of \$85-125</p>
Danette C. Gillespie-Otto, LCSW	<p>Communion Counseling & Consulting LLC P: 503-482-8982 E: communioncounseling@gmail.com W. www.communioncounseling.com 333 NE Russell St Suite 209 Portland OR 97212</p>	<p>Specializes: Adult women of color experiencing Anxiety, Depression, Trauma, Racism, Cultural Dislocation</p> <p>Insurances: Kaiser</p>
Latrece Gaither, MA	<p>333 NE Russel St #209-211 Portland, Oregon 97212 P: (971) 213-7558 www.psychologytoday.com</p>	<p>Preteens / Tweens (11 to 13), Adolescents / Teenagers (14 to 19), Adults</p> <p>Specializes: Anxiety, Behavioral Issues, Child or Adolescent, Coping Skills, Depression, Family Conflict, Marital and Premarital, Parenting, Peer Relationships, Racial Identity, Relationship Issues, School Issues, Self Esteem, Spirituality</p> <p>Insurance: NA, Cash- \$60-100</p>
Sharice Burnett, MSW, CSWA	<p>Multnomah County Health Department Community Based/ Home Based Mental Health Treatment Portland, Oregon</p>	<p>Early Childhood (0-5) and their Families</p>

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	<p>P: 503-593-9759 E: sharice.burnett@multco.us</p>	<p>Specializes: African American Family Therapy, Parent-Child Psychotherapy, Parenting issues, Child Behavioral issues, Trauma-Focused treatment.</p> <p>Insurance: All Insurances. Child must be enrolled at a Head Start Location.</p>
Timisha Wilson, LCSW	<p>P: 971-279-7439 E: Tkwlcs@gmail.com</p>	<p>Consulting on Adolescents, Cognitive Behaviors, Family Therapy, Play Therapy. Solution Based Practice</p> <p>Insurances: Aetna</p>
ZaDora Williams, CSWA	<p>Sankofa Center for Healing, LLC 8885 SW Canyon Rd suite 109 P: 971-800-1403 W: www.sankofacenterforhealing.com</p>	<p>Children, teens, and young adults (ages 5-30).</p> <p>Specialize in treating anxiety, depression, ADHD, adjustment issues, suicidal ideation, self-harm, trauma, birth trauma ect.</p>
LaShawnda Q. Jones LPC	<p>Aspiration of Character Counseling Services, LLC 4424 NE Glisan St. 2nd Floor Portland OR 97213 P: 503-490-5580 E: aspirationofcharacter@outlook.com</p>	<p>Children: 5-12, Adolescents 13-18, Young Adults 18-25 and Families</p> <p>Specialty: ADHD, Criminality, Drugs/Alcohol, Mood Disorders, Abuse ect.</p> <p>Insurance: OHP, Regence Blue Cross Blue Shield, Pacific Source, MODA, \$130 per session</p>